

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken & Rice	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Chicken, Stuffing, Gravy & Roast Potatoes	Chicken & Sweetcorn Pasta Bake	Lamb Keema with Naan Bread
Fisherman's Pie	Fish & Vegetable Risotto	Breaded Fish with Lemon & Roast Potatoes	Wholemeal Hoagie Tuna Melt	Fish Fingers with Chips
Chick Pea & Potato Curry with Peshwari Bread	Vegetarian Lasagne	Cheese & Leek Guiche with Roast Potatoes	Cheese & Tomato Pizza	Quorn Chilli Dog with Chips
Mini Corn on the Cob	Fresh Cauliflower	Organic Carrots	Sweetcorn	Garden Peas
Mixed Vegetables	Garden Peas	Cabbage	Fresh Broccoli	Baked Beans
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fruit, Jelly & Ice Cream

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Pie with Spicy Wedges	Spaghetti Bolognese	Roast Lamb, Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Jollof Rice	Minced Lamb & Vegetable Pie with Jacket Wedges
Jacket Potato with Tuna & Sweetcorn	Cod Fillet in Cheese Sauce with New Potatoes	Tuna & Sweetcorn Pizza	Fish Fingers in a Bun with Salad	Breaded Fish with Jacket Wedges
Wholemeal Winter Crumble with Mashed Potatoes	Veggie Quesadilla	Quorn & Sweet Potato Curry with Rice	Roast Vegetable Pasta Bake	Vegetable & Lentil Curry with Rice
Fresh Cauliflower	Broccoli	Organic Carrots	Mini Corn on the Cob	Garden Peas
Mixed Vegetables	Sweetcorn	Garden Peas	Mixed Peppers	Baked Beans
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Salad & Ice Cream

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Pie with Rice	Shepherd's Pie	Roast Chicken, Yorkshire Pudding, Gravy with Roast Potatoes	Lasagne	Jerk Chicken with Rice & Peas
Tuna Pasta Bake	Fisherman's Potato Bake	Lemon & Herb Crunchy Crusted Cod with Roast Potatoes	Fish in Creamy Coconut Curry with Rice	Fish Fillet in Batter with Chips
Spanish Omelette with Baguette Slice	Vegetable Samosa with Rice, Dhal & Raita	Quorn Sausage 'Toad in the Hole' with Roast Potatoes	Veggie Burger in Wholemeal Bun with Salad	Vegetarian Chilli with Chips
Garden Peas	Sweetcorn	Organic Carrots	Country Vegetables	Baked Beans
Roasted Vegetables	Green Beans	Cauliflower	Garden Peas	Caribbean 'Slaw
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fruit Trifle

All items are subject to availability.

MENU DATES FOR VICARAGE PRIMARY SCHOOL

WEEK 1
WEEK 2
WEEK 3

OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5

Additional Daily Food Options

- Freshly Baked Additional Hovis Bread
- Salad Bar
- Fresh Fruit
- Yoghurt
- Cheese & Biscuits

VICARAGE PRIMARY SCHOOL