

# Recovery Curriculum



## A Recovery Curriculum: Loss and Life for our Children Post Pandemic

Our pupils' wellbeing is always at the centre of our thinking. As we begin the process of returning to normal after Covid19, we are mindful that we need to reset, repair and rebuild our school community in response to the difficulties we have all faced.

We acknowledge that the children will have had different experiences during this time. However, the common thread running through all is the loss of routine, structure, friendship, opportunity and freedom. These losses can trigger anxiety in a child.

As a school, we are also very mindful of the impact this pandemic has had on our children's attainment and progress. The recovery curriculum will support our children's transition back into school so that they are then able to make accelerated progress in class and **Be the Best they Can Be**.

**Our recovery curriculum has been structured around 4 areas:**



### **Supporting our children to build positive relationships with others**

Many of our children will require support to rebuild their strong relationships they once had in school. They may need to re-learn how to interact in class, take turns and share, problem solve, seek help from an adult when it's needed and know which adults help and keep them safe when they need them.

To support this area, our curriculum will

- ✓ Build in opportunities to develop turn taking and sharing.
- ✓ Provide children with independent learning opportunities.
- ✓ Ensure staff build in opportunities for pupils to rebuild relationships with their peers.
- ✓ Build in opportunities to explore how to keep safe.

### **Supporting our children to manage their feelings and behaviours**

We also believe children might experience emotions and feelings that are new to them. Our recovery curriculum will support pupils to relearn strategies to equip them with skills to self-regulation and feel calm and settled.

To support this area, our curriculum will

- ✓ be built around clear routines and procedures.
- ✓ Build in opportunities for children to express themselves and share their experiences during school closures and periods of self-isolation.
- ✓ Make use of clear behaviour expectations.
- ✓ Build in tools to support children's emotional well-being taught through circle time, mindfulness sessions and therapeutic play times.

### **Supporting our children to enjoy school and make excellent progress**

We aim for all of our children to be successful in their learning. We will plan differentiated learning opportunities so that our children can rejuvenate with the feeling of success and the desire to engage and achieve.

To support this area, our curriculum will

- ✓ Provide differentiated learning to meet the needs of all pupils.
- ✓ Provide opportunities for children to engage in some independent learning.
- ✓ be broad and balanced.

### **Supporting our children's physical health and well-being**

We also understand that many of our children will need to re-engage with physical health and well-being routines, whilst also learning new routines to keep themselves and others safe. As a school, we have introduced a great number of safety measures and rules that school community must adhere to. We will explain these changes to our children and the reasons for their introduction. We will reiterate to our children that keeping them safe at all times is our number one priority.

To support this area, our curriculum will

- ✓ Include sessions that explore how school life and the learning environment is different to how it used to be.
- ✓ Seek to teach children explicitly about hand washing and hygiene practice
- ✓ Ensure all children are clear on the new expectations in school and know who to speak to if they have any questions or concerns.

### **Additional JIGSAW PSHE sessions**

There are weekly PSHE lessons on various topics related to the pandemic and the impact it has had on our society. These topics include:

- ✓ Feeling Safe
- ✓ Reconnecting with friends and school
- ✓ Keeping Healthy (hygiene and hand washing)
- ✓ Dealing with worries/anxiety
- ✓ Gratitude and appreciation/ Positive thinking
- ✓ Loss and bereavement

We will continue to review our risk assessment, policies and procedures in light of local and national guidelines.