

What does PSHE look like at Vicarage Primary School?

At Vicarage school, PSHE is at the core of what we do and enables our children to become independent, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally and socially.

Our curriculum provides a context for the school to fulfil the responsibilities to:

- ✓ Promote the physical, social and emotional well-being of pupils.
- ✓ Provide sex and relationships education (RSE).
- ✓ Promote British values.
- ✓ Provide understanding of the diversity in our country as a whole in terms of race, religion, relationships.
- ✓ Develop tolerant, respectful young people, prepared for their future life.
- ✓ Provide a safe place for discussion of current, relevant social issues.
- ✓ Provide the vocabulary to be able to articulate their feelings.
- ✓ Provide skills and knowledge to use technology safely and responsibly.
- ✓ Protect our children from radicalisation.

We follow the Jigsaw PSHE scheme. Jigsaw is a unique, spiral, progressive and effective scheme of work, aiming to prepare children/young people for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world. The scheme has been adapted and tailored to meet the needs of our pupils.

Our PSHE curriculum is based on three key concepts,

Identity
Relationships
Well-being

These key concepts are the ‘big ideas’ which run as threads through the curriculum. The same key concepts are explored and revisited in each unit of work in every year group. This enables pupils to build on prior knowledge, deepen their contextual knowledge and always working towards the bigger picture of achievement at the end of each year group or phase.

PSHE is taught weekly across the school from Reception up to Year 6 and as a school and is embedded throughout the curriculum. Lessons focus on the six core themes: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. PSHE is an important part of school assemblies where pupil’s spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

Mindfulness underpins all PSHE lessons taught at Vicarage. For example, throughout every year group, at the beginning of each Jigsaw lesson (Piece), there is a Calm Me time, which is designed to teach children techniques to relax their bodies and calm their minds. This is being used to great effect and impacting positively on children’s ability to concentrate, to connect well with each other and most importantly to be more aware of and better able to manage their feelings and thought processes more helpful the impact on their capacity to learn.

What do the children enjoy about PSHE at Vicarage Primary School?

“During PSHE lessons we get to discuss and debate with our classmate which is really fun!” – Year 3

“I love learning about our wellbeing and ways we can de-stress!” Year 6

PSHE at Vicarage School

Examples of learning and enrichment activities at Vicarage Primary School.

- Walk to school’s week
- Anti-bullying days every big term
- Educational visits
- Healthy schools meal
- Bike ability/Dr Bike workshop
- Road safety workshop
- Science week
- After school clubs
- P4C sessions

Reasons for learning PSHE?

At Vicarage School we believe that PSHE plays a vital part of primary education, it is integral to the development of pupil’s values in order for them to become healthy and responsible members of society, as well as preparing them for life and work in modern Britain.

Pupils are encouraged to take part in a wide range of learning opportunities and experiences across and beyond the curriculum, contributing fully to the life of the school and the wider communities now and in the future. In doing so, they learn to recognise their self-worth, work collaboratively with others and become independent learners.

We measure the impact of our curriculum through the following methods:

- ✓ **Pupil conferencing** – Are children happy, engaged, motivated to do well, challenged? Do they know more? Can they remember more?
- ✓ **Assessment** – Evaluations completed at the end of each topic to assess pupil’s understanding, knowledge and skills. The information from assessments will be used to inform leaders of school improvements or skills that need to be further enhanced.
- ✓ **Book Looks** – Are all children making at least sufficient progress from their various starting points?
Images and videos of pupil’s practical learning.
- ✓ **Lesson Visits** – Quality of teaching and learning is good to outstanding
- ✓ **Parent surveys** – Are parents happy with the curriculum we provide, if not – how can we improve?
- ✓ **Subject portfolio** – Can you see progression of skills and knowledge across the school? Is the curriculum ambitious and goes beyond the National Curriculum?