

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the page, framing the central white area where the text is placed.

Fairplay House Parent Meeting

02/12/2022

Date of the visit
Monday 16th January to
Wednesday 18th January 2023



Monday 16th January 2023

- ▶ The children will come to school at 8.45am
- ▶ They will leave their bags (Standard Carry-On luggage size) in the lower KS2 hall
- ▶ They will be registered by their class teachers and meet in the lower hall at 9am and get ready to depart at 9.15am
- ▶ A coach has been booked to take the children to Fairplay House
- ▶ Children do not need to be given a packed lunch. Lunch will be provided at Fairplay House.

Activities

NIGHT WALK

INFORMATION

A very popular first night activity. Prior to the walk, groups are given visual planning of the route along with a map, two-way radio and flashlights. Teams are driven off-site and dropped at an agreed starting point. They will then need to find their way back to Fairplay House whilst being responsible for keeping their team safe.

Core Values

Resilience

Facing fears, Supporting others, Challenging environment.

Team Work

Empathise with others, Work with a range of people, Make the most of others strengths.

Independence



High Ropes

INFORMATION

Our incredible High Ropes Course is located in a quiet corner of the orchard overlooking the Essex countryside. Twelve different elements of varying heights and standards challenge all levels of confidence and abilities. This course is designed to help face fears and overcome challenges, that don't always seem possible.

Maximum group size: 15

Core Values

Resilience

Taking on a challenge, Facing fears.

Team Work

Support and encourage each other, Guide and advise each other, Take responsibility for each other (belaying).

Independence

Self-belief, Listening to and following instructions, Put on own safety equipment.



Zip Wire

INFORMATION

The 100m zip wire is a popular activity that will safely challenge you to step off the tower and stretch your comfort zone. Located on the beautiful grounds of Fairplay House with amazing views of the whole centre.

Maximum group size: 15

Core Values

Resilience

Facing challenges, Facing fears.

Team Work

Supporting and encouraging each other, Taking turns. Empathy and care for each other

Independence

Self-belief, Listening to and following instructions, Preparing own safety equipment.



Archery

INFORMATION

Archery dates back thousands of years and was used in battle and hunting. Now we associate it with the Olympic sport that rewards active listening, focus, independence and concentration. Our instructors will teach you everything needed to shoot safely and independently and build on your success.

Maximum group size: 15

Core Values

Resilience

Perseverance, Stay focused & Dealing with a challenge.

Team Work

Support and encourage each other, Peer coaching & Safety support

Independence

Set own targets and aim to beat them, Build own skills and focus, Being safe & Applying instructions.



Orienteering

INFORMATION

The classic map reading challenge. Learn to read a map and navigate in a natural environment. You will gain the skills required to work in small teams out on the course safely. Fast moving and competitive!

Maximum group size: 30

Core Values

Resilience

Not giving up, Working in an unfamiliar environment, Sticking to the challenge.

Team Work

Sharing equipment, Agreeing a plan, Cooperate and compromising.

Independence

Keeping yourself safe, Listening to and following instructions, Working independently.



What to Pack

EQUIPMENT LIST

- Complete changes of underwear and socks (enough for your stay)
- Three warm sweaters or sweatshirts
- Enough shirts, T shirts or similar for your stay (1 per day)
- At least two pairs of trousers or tracksuit bottoms
(Please note that jeans are not suitable for watersports courses)
- Two pairs of trainers or old shoes
(For watersports courses, at least two pairs of old trainers are required)
- Pyjamas
- **Two towels**
- Toiletries (toothbrush, toothpaste, soap flannel, etc.)
- One pair of indoor slippers or extra pair of trainers for indoor use
- A showerproof/waterproof coat or anorak
- A plastic carrier bag (for wet/muddy wellington boots)
- A watch

<u>Summer Courses</u> (May to Sept)	<u>Winter Courses</u> (Oct to April)
Shorts	Extra warm sweaters
Swimming costume	Gloves, woollen hat or similar
Sun hat	Scarf
Sun cream	Wellington boots (we have a limited supply)

Each item of clothing etc. should be clearly marked with the pupil's name.

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Each item of clothing etc. should be clearly marked with the pupil's name.

Personal Items

Please ensure that all valuables such as jewellery, personal CD/MP3 players, stereos, radios and mobile telephones are left at home.

The children are not allowed to take any mobile phones or electrical devices on the visit with them.

We will post pictures on twitter

Spending Money

The children will not be leaving the site to visit shops.

Fairplay House have a shop and the children can buy some things. The teachers will oversee this

£5.00 spending money will be sufficient. It would be useful to bring change (coins) rather than notes.

Medication

Please ensure all medication is labelled with child's name and there is enough to last the length of your stay.

Electrical Equipment

- ▶ The children are not allowed to take any mobile phones or electrical devices on the visit with them.
- ▶ We will post pictures on twitter

Spending Money

- ▶ The children will not be leaving the site to visit shops
- ▶ Fairplay House have a shop and the children can buy some things. The teachers will oversee this
- ▶ £5.00 spending money will be sufficient.

Returning to school on Wednesday 18th January 2023

- ▶ The coach will pick the children up at 1.30pm and return to school.
- ▶ Please collect the children at 3.15pm

Questions

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