

# November Newsletter ANTI-BULLYING WEEK 2023



Every November the UK celebrates Anti-Bullying Week, a nationwide event organised by the Anti-Bullying Alliance. The aim of this annual event is to raise awareness of the issue of bullying and highlight strategies for both prevention and response.

At Vicarage, we launched the week by wearing odd socks to highlight the importance of recognising and embracing our uniqueness as well as differences.



# **Odd Socks Day**







Make A Noise About Bullying!



Pupils have made a noise about bullying by creating a class song or rap!

They also sang anti-bullying songs and created posters encouraging kindness. During class circle time, pupils have an opportunity to discuss any worries they may have and work together to resolve them.





As part of the week there was a daily act of kindness staff and pupils were encouraged to do.







### How Can Parents Help?

As parents and carers, you worry about your children and want them to be happy, healthy, and safe. With that in mind, it's only natural that there is worry about bullying - particularly if you think your child may be more vulnerable to bullying, or have experienced bullying yourself.

There are many things you can do to help keep your child keep safe from harm and bullying. You have a special role to play in guiding and supporting them during their school years.

#### WHAT IS BULLYING?

The Anti-Bullying Alliance defines bullying as:
"the repetitive, intentional hurting of one person or group
by another person or group, where the relationship
involves an imbalance of power."

Always give children your whole attention, listen to their points of view, and collaborate with them on next steps. As children develop physically, emotionally, and socially, they need your assistance in understanding appropriate behaviour and boundaries. For example, children must learn what is teasing and when "banter" can become bullying behaviour where it is hurtful or disrespectful. Some children can find it more difficult to control their behaviour, and may need additional support.

Don't forget!
The Kidscape Parent
Advice Line can also
give further support.

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www.kidscape.org.uk

As a parent you have a vital role to play in helping your child recognise bullying and what you can do together to stop it.





### Dates for your diary

Week beginning 4th December - Last week of clubs

**Thursday 7^{th} December** - Christmas Jumper Day in aid of Save the Children charity

Monday 11th December 2:30pm - 1D & 15 Nativity Performance

Tuesday 12th December 2:30pm - 1A & 1R Nativity Performance

Wednesday 13<sup>th</sup> December 9:15am - RM & RR Nativity Performance 2:15pm - RH & RMA Nativity Performance

Tuesday 19th December - Class Parties (Non-uniform day)

Wednesday 20th December - Christmas lunch

Friday 22<sup>nd</sup> December - Last day of term

Monday 25th December 2023 - Friday 5th January 2024- Christmas Break

Monday 8th January 2024 - All pupils return to school



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