

## What does Physical Education look like at Vicarage Primary School?

At Vicarage School we aim to deliver a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and to ensure that every child understands the importance of physical activity in order to achieve a healthy lifestyle.

Our PE Curriculum is delivered through the Get Set for PE scheme of work. The scheme is closely referenced against the National Curriculum and is taught by a Sports Specialist Teacher.

Our PE curriculum is based on five threshold concepts that intertwine throughout all the strands of PE:

Movement	Tactics and Strategies	Leadership
Personal and Social Skills		Healthy Lifestyle

These concepts are the drivers that underpin the teaching and learning within each area. They provide a system to deepen the skills within all of the strands of PE.

Every child participates in at least two physical education lessons per week. Which is broken down into dance, gymnastics, games and athletics.

Pupils in Year 4 take part in a termly intensive swimming course at the East Ham Leisure centre. .

Every year, all children participate in sports day. The emphasis is on enjoyment, participation and team building, with elements of competitiveness.

Vicarage is in Partnership with Langdon Secondary School Sports SLA. Langdon SSC provide opportunities for our pupils. Different sporting competitions against other schools in the borough, festivals that are available for children who are less active in PE. They provide teacher CPD and give opportunity to our sports leaders to help with competitions to enhance their leadership qualities and love for sport.

Our pupils take part in various local borough competitions. This is a great opportunity to showcase the unique skills they have learned and is a great way to encourage team work, fair play, and healthy competition as well as improve self-esteem.

We have achieved the Gold Kite Mark Award. This shows that the standard of PE teaching and learning and the enrichment opportunities offered to the pupils is very high.

## What do the children enjoy about Physical Education at Vicarage Primary School?

*I get excited when it's time for PE!*

*I like learning to play new games.*

## Physical Education at Vicarage School

### Examples of learning and enrichment activities at Vicarage Primary School.

- Inter/Intra sports competitions
- Pupils are giving the responsibility to become Sports leaders / PE Monitors
- Range of after School Clubs offered
- Sports Day
- PE Festivals / Newham Mini Games Events take place
- Take part in the Sainsbury's School Games Mark

## Reasons for learning Physical Education

At Vicarage School we teach our pupils the importance of living a healthy and active lifestyle. Fostering an enjoyment of sport and exercise so that pupils establish healthy habits at school and for the rest of their life.

Through games pupils develop their ability to communicate effectively within a team and work towards a common goal. Lessons are taught to promote opportunities for pupils to be creative, cooperative and competitive and to face up to different challenges both as individuals and in groups. These opportunities are excellent for developing both leadership and cooperation skills.

Taking part in local and national events is an excellent way to meet new people and develop their confidence and encourages pupils, and later adults, to socialise more easily and 'fit into' a variety of situations. They learn the notion of fair play, honest competition, good sportsmanship and dealing with both success and defeat.

PE is especially important to pupils who have yet to develop their verbal communication skills. Thus, their confidence in physical abilities can lead to positive feelings of self-esteem.

PE provides an invaluable context for striving for Excellence, Resilience and Respect our school values.

### We measure the impact of our curriculum through the following methods:

- ✓ **Pupil conferencing** – Are children happy, engaged, motivated to do well, challenged? Do they know more? Can they remember more?
- ✓ **Assessment** – End of unit assessment completed to assess pupil's understanding, knowledge and skills. The information from assessments will be used to inform leaders of school improvements or skills that need to be further enhanced.
- ✓ **Book Looks** – Are all children making at least sufficient progress from their various starting points? Images and videos of pupil's practical learning.
- ✓ **Lesson Visits** – Quality of teaching and learning is good to outstanding
- ✓ **Subject portfolio** – Can you see progression of skills and knowledge across the school? Is the curriculum ambitious and goes beyond the National Curriculum?